

Report on Shiv Shakti Leadership Retreat: ***"Women Leadership Retreat: "Transformative, Feminine Power: Connected, Co-creative and Compassionate"***

October 31st to November 2nd, 2025

Serra Serena Retreat Center – Serra Negra, São Paulo, Brazil

The retreat "Transformative, Feminine Power - Connected, Co-creative and Compassionate" brought together **45 women leaders** from diverse fields including business, education, media, arts, and politics. Participants included executives, entrepreneurs, journalists, educators, and social leaders from xy places in Brazil.

Facilitated by **Sister Carolin Fraude** (Berlin, Germany) and **Sister Erica Berto** (São Paulo, Brazil), the retreat was designed with a strong focus to understand, experience and co-initiative emergence as a core principle of Shiv **Shakti Leadership Approach (SSLA)**. The facilitators invited a strong presence and to consciously connecting with the shared container to co-create it's qualities of authenticity and depth. This offered a sacred and safe space for reflection, transformation, and reconnection with the inner source of shakti power.



Experiential Journey

The retreat unfolded through moments of silence, guided reflections, and creative interactions that allowed the participants to experience the **“in-between space”** — the subtle dimension between doing and being, action and stillness, where intuition and inner wisdom can arise. A participant expressed, this space symbolizes “nurturing, waiting, and trusting.”

The approach created a **welcoming and inclusive environment**, where participants could express themselves naturally and deeply connect with themselves, Shiva and one another. The atmosphere of trust and co-creation enabled profound sharing, exploring and genuine transformation.



Another women stated that many participants were at a **turning point in their lives**, seeking renewal and meaning. The retreat provided the opportunity to pause, listen and become comfortable with the “in-between space” – the space where the old is falling apart and the new has not yet been claimed and embodied. By patiently allowing the “in-between space” to expand and become a fertile ground for reflections, insights, upliftment, inner shifts and change.

Through reflective and embodies exercises and dialogues, participants explored the **interdependence between systems** — internal and external — gaining insights that challenged old patterns and strengthened essential qualities such as **acceptance, patience, self-respect, clarity, trust, balance, and harmony.**





Participants and Highlights

The retreat gathered women recognized for their leadership and social impact, including **Ms. Moema**, 87 years old, pioneer of environmental education in Brazil and collaborator of **Paulo Freire**.

Her presence brought lived experience and symbolized the continuity of feminine wisdom and the power of intergenerational exchange.

As **Luciana Ferraz** highlighted, the program was a total success, bringing together women who embody the transformative potential of the feminine in action. The energy of unity, reflection, and spiritual empowerment marked the entire weekend.

Following the retreat, Sister Carolin continued her journey to Rio de Janeiro and Belém, where she will participate in initiatives connected to COP 30, expanding the dialogue between spirituality, leadership, and sustainability.

