

A SPECIAL EVENT BY:
BRAHMA KUMARIS NEW YORK

Join us for an inspiring afternoon of continuous flow of peace and renewal,
inner peace, and meaningful conversations

2026

PEACE IN THE PARK

MEDITATION



MEDITATION MARATHON

A continuous flow of peace and inner renewal.
Live guided meditation sessions by long time yogis
Spend a few moments or the entire afternoon and
leave feeling refreshed
No experience, no mats needed.



PEACEFUL EXPERIENCES

Uplifting activities to relax, reconnect, and recharge
Silent Peace Walks in natural surroundings
Paint a Smiling Stone to spread happiness around
Spin the Virtue Wheel to bring out the best in you
and others.



DISCUSSION TABLES

Engage in uplifting conversations on Peace, Values,
Karma, Soul Consciousness, Science and Spirituality,
and more....

MARATHON

CENTRAL PARK NYC NAUMBURG BANDSHELL

ENTRANCE IS ON 72nd st. & 5th Avenue

FRIDAY JULY 24th
12:00 pm - 6:00pm

Directions to Bandshell :

East Side: Take the train to 68th St.
Hunter College and walk to 5th ave
Enter the park on East 65th or East 72nd Street
West side: Take the train on 72nd St. Enter the
park at West 65th-66th or West 72nd Streets.
Follow signs to guide you to Bandshell.

RSVP IS FREE NOT MANDATORY

@ tiny.cc/PIPMeditationMarathon

Meditation Marathon crescendo

As the afternoon reaches its peak, join us
for a special collective meditation creating a
powerful wave of peace throughout NY and
beyond. @ **4:00pm**



THE BRAHMA KUMARIS NEW YORK
www.brahmakumaris.us