



International Youth Forum 2026



BRAHMA KUMARIS

ONLINE SERIES

June to October 2026

INSPIRE - EMPOWER - TRANSFORM

In preparation for IYF 2026, please join us for a series of online conversations from June to October to inspire, empower, and ignite Baba's youth across the globe.

#	TOPIC	SPIRITUAL RESOURCE	DATE	GLOBAL TIMINGS	
1	MOVING FROM UNDERSTANDING MURLI TO LIVING MURLI	 Sudesh Didi	 SATURDAY JUNE 27, 2026	CITY	TIME (LOCAL)
				Sydney	18:45
				Delhi	14:15
				Nairobi	11:45
				London	09:45
				New York	04:45
				(All sessions are 90 mins)	
2	FROM OCCASIONAL YOGA TO NATURAL REMEMBRANCE	 Sr. Gopi & Sr. Dipty	 SATURDAY JULY 18, 2026	ZOOM DETAILS	
3	SURRENDERING OLD SANSKARS TO BABA Letting Go of Emotional Baggage to Become an Angel	 Br. Charlie	 SATURDAY AUGUST 22, 2026		Meeting ID 836 0705 6191
4	STRENGTHENING THE MIND TO SERVE THROUGH THE MIND	 Br. Ken	 SATURDAY SEPTEMBER 19, 2026 (To be confirmed)	Scan to connect on Zoom	Passcode omshanti
5	STABILISING IN SELF RESPECT	 Sr. Sudha	 SATURDAY OCTOBER 24, 2026 (To be confirmed)		