

**At the present time, accumulate the power of elevated thoughts and become an instrument for making intense effort.**

**(Inspirations from BapDada and Senior Sisters – 22-6-2025)**

Beloved avyakt image, Mother, Father, BapDada's deeply loving instrument teachers, brothers and sisters from this land and abroad who are the decoration of the Brahmin clan, ones who fill the seed of thoughts with the strength of all powers through the remembrance of the Father, the Seed-form, ones who make every elevated thought practical, such instruments who are full with the power of pure and elevated thoughts, please accept sweet, love-filled remembrance.

Seeing the present day situations, along with serving with your words, all of you must also be serving with the power of your elevated thoughts. Beloved BapDada's special signal is: Children, now make your thoughts work under your orders. In order to accumulate the power of your thoughts, only do what you think of, and if you say "stop", then stop. When you think of service, then become engaged in service. When you think of the supreme abode, then reach the supreme abode. Now increase such controlling power. For this, Baba says: Children, imbibe the power to accommodate and merge. Until now, just as you needed to give an instruction in words, in the same way, now do everything with your elevated thoughts. Just as scientists continue to send instructions up above from the earth, in the same way, can you children with the power of your elevated thoughts not carry out the activities of the yagya? For this, you simply need to have accumulated a stock of elevated thoughts. In the effort of the present time, let every thought be powerful because this is the elevated treasure of this life. The concentration of elevated thoughts is the easy method for world benefit.

At present, all the souls of the world especially have the desire for their wandering intellect to be focussed and concentrated or that the mind becomes free from mischief. So, it is the duty of you children, with your concentrated and stable stage, to stop the flow of wasteful and sinful thoughts of so many souls. Transform anyone's waste thoughts with your pure thoughts, but for this, you children have to make your thoughts so clean that there is no need for any type of uncleanness of any wastage. Belong to the one Father and none other, just remain lost in this love.

So, tell me, sweet brothers and sisters, you are paying this much attention to each and every thought of yours, are you not? While seeing or hearing anything about any scene, instead of going into its expansion, practise putting a full stop in a second. Now, it is time to see every scene as a detached observer and to give sakaash with your good wishes.

In the month of June, all of you made special effort by paying attention to the virtues and powers of our sweet Mama. Now, in the month of July, we are sending you homework for five weeks. Every week, take one virtue for your actions and in order to transform that virtue into a power, practise yoga with that virtue in mind. The month of July is the special month of the memories of our deeply loving and great tapaswi sweet Didi Manmohiniji. So, like Didi, be faithful to One, and have deep experiences of yoga.

Along with yoga tapasya in Baba's home, many types of unlimited services are also taking place and we constantly continue to receive love and co-operation from all of you. Now, we have to pay special attention and increase the power of our minds and morning and night, and definitely continue to serve nature and all souls daily by giving sakaash through our minds. Achcha.

Lots of love and remembrance to all. Om Shanti.

**Accumulate the power of thoughts and become an instrument for elevated service.**

- 1) Nowadays, solar power is accumulated and used to accomplish many tasks. Similarly, accumulate the power of thoughts within you and you will be able to fill others with power and make their task successful. Make those who do not have any courage courageous with your words as well as the subtle power of your elevated thoughts. This is the need of the present time.
- 2) Your mind, which itself is a subtle power, has to be under your control, that is, it should do everything as it is ordered to do and it will then enable you to pass with honours and claim a right to the kingdom. In order to accumulate the power of your thoughts, only do that which you think of. As soon as you say “Stop”, your thoughts should stop. When you think of doing service, busy yourself in doing service. When you think of the supreme abode, then go to the supreme abode. Increase such controlling power.
- 3) When all your thoughts become quiet and there is just the one Father and you; when only the thought of the experience of this meeting stays with you, then you accumulate the power of thought and your yoga becomes powerful. For this, imbibe the powers to merge and to pack up. Apply a full brake to your thoughts, not a weak one. If it takes longer than a second, it means the power to merge is weak.
- 4) There is just one easy way to make the seed of an elevated thought fruitful. It is to continue to fill that seed with power at every moment by constantly being connected to the Father, the Seed. In your seed form, the seeds of your thoughts will easily and naturally continue to grow and become fruitful. The power of your thoughts will be accumulated.
- 5) The facility for the fastest service is the power of pure and elevated thoughts. Father Brahma always co-operated in the expansion of service through the method of having elevated thoughts. If the method is intense, then the expansion is also fast. In the same way, you children also have to become full of elevated and pure thoughts.
- 6) The basis for drawing a line of elevated fortune is elevated thoughts and elevated actions. Whether you are a *trustee* soul or a server soul, both can claim a number on this basis. Both have a full chance to create their fortune. Whoever wants to create as much fortune as they want, they can do so.
- 7) In order to make yourself full of elevated thoughts, remain a trustee. To be a *trustee* means to be a *double light* angel. Every elevated thought of such children is always successful. One elevated thought from you children and you receive from the Father the fruit of a thousand elevated thoughts; you receive a thousand fold return for one.
- 8) The more you children continue to become filled with the power of elevated thoughts, the more you will clearly be able to see the form of elevated service being done. Each one of you will experience someone calling you, that someone is invoking you, one with a divine intellect and pure thoughts. Some will see the Father and this place in a divine vision. With both types of experiences, you will reach your elevated destination at a very fast speed.
- 9) The very good thoughts that every child has for himself and for service, that from now on, he will do this or do it in that way, that he will definitely do something and show it to everyone: those who sow the seeds of such elevated thoughts that is continue to be sustained the seeds and put into a practical form, those seeds of theirs will definitely become fruitful.
- 10) All souls belong to one unlimited family and so no soul of our family should be deprived of blessings. Always have such elevated thoughts filled with zeal and enthusiasm in your hearts. Do not remain busy with just your own household. Remain stable in an unlimited stage and have the elevated thought to serve unlimited souls. This is the easy way to have success.
- 11) By giving you an *injection*, they are able to put energy into your blood. In the same way, your elevated thoughts will work like an *injection*. There is now a need for the type of service in which souls receive power in their thoughts through your thoughts. Accumulate the power of pure and elevated thoughts for your own safety and to develop fearlessness. Only then will the end be beautiful. You will then be able to become co-operative in the unlimited task and claim a right to the unlimited kingdom of the world.

- 12) Brahma especially invoked you children with elevated thoughts, that is, he created the creation, and this creation through thoughts was not a small thing. The elevated powerful thoughts inspired and brought close the souls out from behind the curtains of the different religions. In the same way, you children also have to have elevated and powerful thoughts. Do not use the power of your thoughts too much, do not waste it. By having elevated thoughts, your attainment will also be elevated.
- 13) Just as you now have to give directions with words, in the same way, all the activities can be carried out with elevated thoughts. Scientists are able to receive directions from Earth down below whilst they are up in space. So, can you, with the power of elevated thoughts, not carry out all the activities? Just as they clarify things by speaking about them, so, as you progress further, all your activities will be carried out with thoughts in the same way. Accumulate a *stock* of elevated thoughts in this way.
- 14) Use your elevated thoughts and your power to move away quickly in a short time from the flow of any wasteful or sinful thoughts of other souls. Transform wasteful thoughts into pure thoughts. Being in one place, let there be the influence of your elevated thoughts and divine vision over many souls.
- 15) The efforts of the present time are for every thought to be made powerful. Thoughts are the elevated treasures of life. Just as you are able to attain what you want and however many you want of the treasures, in the same way, you can attain the elevated reward for all time by having elevated thoughts. For this, keep one small slogan in your awareness: Consider everything carefully before doing it or saying it. Only then will you be able to make your life elevated for all time.
- 16) At the present time, the easy way to benefit the world is to concentrate your elevated thoughts. Only in this way will you be able to stabilise the wandering intellects of all souls. All souls especially have the one desire that their wandering intellects should become still and that their minds become concentrated from being mischievous. For this, especially practise being concentrated, that is, constantly in a stable stage with the awareness of belonging to the one Father and none other.
- 17) The task that all the millionaires of today have not been able to accomplish, one thought of yours can do and make you souls into multi-millionaires. Therefore, accumulate the power of elevated thoughts and inspire others to do the same. Make the power of your elevated thoughts so clean that there isn't the slightest uncleanliness of waste. Only then will this power carry out a task of wonder.
- 18) According to the time and the situation, adjust the speed of your thoughts and words with your power of coolness and make them cool and patient. If the speed of your thoughts is too fast, you waste a lot of time in trying to control them. Therefore, imbibe the power of coolness and save yourself from wastefulness. You will then be liberated from a wasteful speed and of asking: "Why? What? It should not be like this" etc.
- 19) Sometimes, some children play big games. Wasteful thoughts come with so much force that they are unable to control themselves. Afterwards, they say "What can I do? It just happened!" They cannot stop themselves. They do whatever they want. However, you must gain the power to control this wastefulness. Just as you receive the fruit of multimillions for one powerful thought, in the same way the fruit of one wasteful thought is sadness, disheartenment and loss of happiness. You experience just as much return of one.
- 20) Whatever subtle powers you have, whether they are ministers or great ministers, make them work under your orders. If your royal court is working well now, you will not have to go to the court of Dharamraj. Even Dharmraj will welcome you. However, if you have no controlling power now, you will have to go to the land of Dharamraj to pay your fine in the final result. Punishment is this fine. Become refined and you will not have to pay any fine.
- 21) The present is a mirror of the future. In the mirror of your present stage, you can very clearly see your own future. In order to have all rights to your future kingdom, check to what extent you have ruling power over yourself. When you have full rights over your subtle powers, your special workers, the powers of your mind and your intellect, you will be able to make your future bright.

- 22) A king doesn't do a task himself but he gets it done. The one who does it is a servant of the king. If a king's servant does not serve him properly, his kingdom then becomes unstable. Similarly, the soul is also the one who gets things done; the ones who carry out actions are the special trimurti powers (the mind, intellect, and sanskars). You should first have ruling power over these. Then your physical organs will naturally move along accordingly in the right way.
- 23) Just as it is said of the golden-aged kingdom that there is one kingdom and one religion, in the same way, in self-sovereignty, there should now be one king; that everything should function according to your directions. Your mind should not function on its own directions; your intellect should not fluctuate in its power of discrimination; your sanskaras should not make you the soul, dance. It could then be said that you have one religion, one kingdom. Imbibe such controlling power. This is the means of unlimited service.
- 24) At the end, there will be one question in your final paper: Put a full stop in a second. You will be given a number on the basis of this. If it takes longer than a second, you fail. There should be just the one Father and yourself. There should be no third person in between you. It should not be: "I should do this. I should see this. Why does this happen? What happened?" If you have such thoughts, you will not pass the final paper.
- 25) In order to accumulate the power of thought, practise putting a *full stop* in a *second* to seeing or hearing anything. If you put up a queue of "Why?" or "What?" to your thoughts, if you create a creation of waste, you will have to sustain it. You will continue to spend your thoughts, time and energy on that. Therefore, have *birth control* over that creation of waste and you will be able to become an instrument for doing unlimited service.
- 26) Those who can merge their own subtle powers are also able to help others merge. Once you have controlling power and ruling power over yourself, you will have the proper power to merge everyone in doing for service. Whether it is in serving ignorant souls or in interacting with Brahmin souls with love and contentment, you will be successful in both.
- 27) Your controlling power and ruling power are reduced because of three words: 1) Why? 2) What? 3) Want. Finish these three words and just say one word "wah!" and you will develop *controlling power*. Then, with the power of your thoughts, you will be able to become an instrument for unlimited service.
- 28) At the end, only the power of your mind will become the means for your own *safety*. Only with the power of your mind will you be able to become an instrument to make your final moments beautiful. At that time, you need to have the power of elevated thoughts and a *clear line* with the One. For doing unlimited service and for the *safety* of yourself, accumulate the power of the mind and the power of fearlessness.
- 29) Just as you set your programme for physical work according to your daily timetable, similarly, set a programme for the powerful stage of your mind and you will accumulate the power of thoughts. To the extent that you keep your mind busy with powerful thoughts, accordingly, your mind will have no time to get upset. When your mind is constantly set, that is, when it is concentrated, good vibrations automatically spread and service takes place.
- 30) You children, who have become instruments, have to pay special *attention* to your thoughts. When you remain free from sinful and waste thoughts, your intellect will be able to make a good decision, and, when you make a good decision, you will easily be able to resolve everything. Instead of resolving everything, if you yourself continue to make excuses, those who follow you will also continue to make excuses for every situation.
- 31) When you serve with words, you use your time and wealth. There is also some upheaval in you and you become tired too. However, in serving with your elevated thoughts, all of that will be removed. So, increase the power of your thoughts. Have thoughts filled with determination and revelation will then take place quickly.