

Call of Time Dialogue – Nairobi, Kenya

28 – 31 May 2026



The Call of Time Dialogue gathered 29 participants from Kenya, Tanzania, South Africa, and Mauritius, representing government, politics, academics, entrepreneurship, the arts, and youth leadership. The event took place at Muthu Sovereign Suites in Nairobi, a venue that also hosted a similar dialogue in 2000, creating a significant link between past and present. The dialogue was facilitated by



Sr. Jayanti and Sr. Vedanti, who guided participants with spiritual insights, practical experience and compassionate sustenance.

The opening session included a performance by children from Children's Garden Home & School, which set a warm and welcoming tone. We had the pleasure of the participation of Hon. Esther Passaris and Br Nizar Juma who reflected on their personal journey of integrating leadership, service, the importance of values and the role of spirituality in daily life in addressing current challenges. In his welcome remarks, Br. Nizar Juma encouraged participants to consider the relevance of spirituality in their own contexts. Both speakers messages served a bridge between the spiritual and secular worlds.

In the commencement of the dialogue, participants shared with sincerity and openness, speaking from a deeply personal place. This established an atmosphere of trust that shaped the engagement throughout the programme. One of the emerging themes was conflict and its impact at domestic, societal, and national levels. Each participant contributed concerns or experiences, stimulating personal insights and encouraging solutions - without imposing a standard protocol.

Throughout the dialogue sessions, participants showed sincerity and openness, with many gaining support in insights and tools to integrate spiritual principles into their personal and professional lives. The dialogue overall was marked by depth, humour, and playfulness. At times, participants held different opinions, yet they engaged openly and respectfully, reinforcing the value of dialogue itself.



Participants also engaged actively in the early morning meditation, daybreak exercise routines and morning spiritual insight sessions. A notable feature was the “Five Hours of Silence,” during which participants had the undisturbed opportunity to process and assimilate all that had been accumulated in an undisturbed manner. After this period, participants’ demeanour naturally shifted, becoming more inward-focused. A common desire expressed was to allocate more time to pause, reflect, and reconnect on an ongoing basis. The following morning, their reflections on aspects to be released were burned in a traditional urn while a Kiswahili song was sung, marking a collective moment of renewal.

As the dialogue was approaching conclusion, Br. Nizar shared his personal journey, offering honest experiences and responses to questions that provided practical perspectives on transformation. Participants broke into a celebratory mode with an evening of music, poetry, dance, and creative performances highlighted the spirit of unity and friendship among the group.

The Nairobi Call of Time Dialogue reinforced the understanding that meaningful change begins with a shift in consciousness and the courage and willingness to integrate values in everyday life.

