



THE BRAHMA KUMARIS

Know your self. Renew your spirit.

May 2026

Brother Charlie Hogg – South Africa Visit Report



Introduction

In May 2026, the Brahma Kumaris Southern Africa family had the privilege of hosting Brother Charlie Hogg during a series of spiritual programmes, retreats, leadership engagements, and public events across South Africa. His visit provided valuable opportunities for spiritual reflection, learning, and community engagement, touching the lives of Brahma Kumaris students, professionals, community leaders, and members of the public.

Cape Town Visit

6–8 May 2026

Brother Charlie arrived in Cape Town on the evening of 6 May 2026 at approximately 10:00 pm and was warmly welcomed by the local Brahma Kumaris family.

The following morning began with bhog and Murli, creating a peaceful and elevated atmosphere for the start of his visit.



A special breakfast programme titled *The Inner Advantage: Why Stillness Matters in Leadership* brought together professionals, community leaders, and individuals from a variety of sectors.

Facilitated by Dr Lucille Meyer, Senior Trainer at GERI, the session explored the role of inner stillness in effective leadership. Brother Charlie shared practical insights on how reflection, self-awareness, and quiet contemplation can enhance decision-making, resilience, and authentic leadership in demanding environments.

Participants appreciated the opportunity to reflect on leadership from a spiritual perspective and left with practical tools to support greater clarity and effectiveness in their professional lives.

Cape Town Public Programme

State of the World, State of Our Hearts

Date: 7 May 2026

Time: 6:30 pm

Venue: Southern Sun Cape Sun Hotel

The evening public programme, *State of the World, State of Our Hearts*, explored how individuals can maintain inner stability amidst uncertainty and rapid global change.

Through insightful reflections and guided meditation, participants were encouraged to shift their attention from external turbulence toward cultivating calm, clarity, and resilience within themselves.

Brother Charlie emphasised the importance of strengthening the inner world in order to respond effectively to external challenges. Attendees left feeling inspired and empowered with practical methods to support their wellbeing both personally and professionally.

On the morning following the public event, the Brahma Kumaris family enjoyed a special opportunity to spend additional time with Brother Charlie after Murli.

Through stories, reflections, and personal experiences, he shared many valuable insights in his characteristic light and easy manner. The atmosphere was filled with warmth, joy, and spiritual benefit as everyone enjoyed this special time together.



Johannesburg Annual Retreat

8–10 May 2026

Venue: Birchwood Conference Centre, Johannesburg

Following his Cape Town visit, Brother Charlie travelled to Johannesburg, arriving on Friday, 8 May 2026, for the Southern Africa Annual Retreat.

Approximately 150 participants from across Southern Africa gathered to explore the retreat theme:



“The Soul Remembers... The Angel Emerges”

The theme resonated deeply with participants and reflected the spiritual direction that many felt Baba and Drama were guiding them towards.

Throughout the retreat, Brother Charlie shared profound spiritual wisdom and practical methods for deepening soul consciousness and angelic awareness.



Key Spiritual Jewels Shared

- As I align my consciousness with Shrimat, the perfect blueprint of soul consciousness emerges.
- Soul consciousness is minimum thinking and maximum pure feelings.
- The biggest obstacle is often my own vision of myself.
- The power of the angel lies in having all relationships with the One.
- Keep the perfume of the mind light and pure.
- Become the point, apply the point, and remember the Point.



Five Steps to Becoming an Angel

1. Love and cooperation
2. Benevolence
3. Zeal and enthusiasm
4. Belonging
5. Soul consciousness

Participants experienced the retreat as a deeply transformative and spiritually enriching gathering, strengthening both their relationship with Baba and their commitment to spiritual growth.

Special Celebrations

Two meaningful celebrations took place during the retreat:

40 Years of Service in South Africa

A special commemorative programme honoured forty years of Brahma Kumaris service in South Africa and recognised those who played a foundational role in establishing and sustaining the Yagya in the country. The occasion provided an opportunity to reflect on the journey of service, express gratitude, and celebrate the many contributions made over the decades.

Mother's Day Celebration

The retreat also coincided with Mother's Day, creating a beautiful opportunity to honour mothers and acknowledge their invaluable contribution to families, communities, and the Yagya.

The celebration was filled with appreciation, love, and gratitude.

Johannesburg Public Programme

State of the World, State of Our Hearts

Following the retreat, a public event based on the national theme State of the World, State of Our Hearts was held.

The evening opened with a beautiful rendition of What a Wonderful World performed by Veedeshnee, setting a reflective and uplifting tone.



Key Messages Shared

- Depression is often experienced as a loss of connection with the true self.
- Reconnecting with the true and permanent self restores inner peace.
- Meditation is the method through which this reconnection takes place.
- Peace is the natural outcome of reconnecting with the self.

The programme included guided meditations and reflective pauses throughout the presentation, allowing participants to experience the teachings rather than simply hear them.

The final segment featured an interview conducted by Dr Nokukhanya Khanyile, who engaged Brother Charlie in a thoughtful discussion on applying spiritual wisdom to contemporary challenges.

The evening concluded with attendees expressing a deep sense of fulfilment, inspiration, and spiritual enrichment. Brother Charlie departed for Durban the following day.

KwaZulu-Natal Visit

11–13 May 2026

State of the World, State of Our Heart – A Calming Evening in Ballito

Date: 11 May 2026

Time: 18:15

Venue: Ohana Umhlali, Umhlali Country Club, Ballito

Attendance: Approximately 100 guests

MC: Sthembiso Ntuli

an enriching and thought-provoking evening for about 100 guests.



Guests were warmly welcomed with tea and refreshments before the commencement of the program, creating an atmosphere of connection and hospitality. Refreshments were served from 17:30pm to 18:15pm. The evening was guided by MC Sthembiso Ntuli, who ensured a smooth flow throughout the program and engaged the audience with warmth and professionalism.



Key Highlights

Brother Charlie Hogg shared meaningful reflections on navigating today's rapidly changing world while maintaining a sense of inner peace, strength, and stability. Through practical insights and spiritual perspectives, guests were invited to consider the connection between the condition of the world around them and the state of their own hearts.

The session encouraged participants to look beyond external circumstances and discover the power of cultivating calmness, resilience, and clarity from within. A guided meditation formed an integral part of the evening, offering guests an opportunity to pause, reconnect with their inner self, and experience a deeper sense of wellbeing.

The interactive question-and-answer segment allowed guests to explore the concepts shared in greater depth, demonstrating the audience's engagement and appreciation for the practical application of the teachings.



The program concluded with an inspiring presentation by Usha Bhen, who shared insights into the Eight Powers and how these inner strengths can be developed and applied in everyday situations. Guest received Toli in a pyramid-shaped box representing the eight spiritual powers, serving as a symbolic reminder of the qualities and strengths available within each person.

Sister Usha handed a token of appreciation to MC, Sthembiso Ntuli

The Ballito program provided guests with an evening of reflection, inspiration, and meaningful learning. Guests departed feeling uplifted and encouraged, carrying with them practical tools to cultivate greater peace, resilience, and balance in their daily lives.



Guests also had the opportunity to explore and purchase spiritual literature after the program.

State of the World, State of Our Heart - An Inspiring Gathering in Umhlanga

Date: 12 May 2026

Time: 18:00

Venue: Coastlands Hotel, Umhlanga

Attendance: Over 200 guests

MC: Mira Muteb

More than 200 guests gathered at the Coastlands Hotel in Umhlanga for an inspiring and uplifting evening centered around the theme, "State of the World, State of Your Heart," presented by Brother Charlie Hogg.

The program, was hosted by MC Mira Muteb, who created a warm and engaging atmosphere for the guests.



Key Highlights

Brother Charlie Hogg shared powerful insights on developing inner strength and learning to remain calm and centered despite external challenges. Through practical wisdom and spiritual understanding, guests were encouraged to shift their attention from the uncertainties of the world around them towards the peace, clarity, and strength that can be cultivated within.

A significant highlight of the evening was the guided meditation, which allowed guests to experience a moment of stillness and reflection. The meditation provided a practical tool to reconnect with their true self and nurture greater wellbeing, clarity, and inner balance. The interactive question-and-answer session that followed reflected the interest and appreciation of the audience, with many guests engaging deeply with the topic.

The program concluded with an insightful presentation by Usha Jevan, National Coordinator of the Brahma Kumaris World Spiritual University, who introduced the Eight Powers and highlighted their practical application in everyday life. Guests received a pyramid-shaped box representing the eight spiritual powers, serving as a meaningful reminder of the inner strengths available within each individual.

Sister Usha handed, a token of appreciation to MC, Mira Muteb

The evening concluded on a positive and uplifting note, with attendees leaving feeling renewed, empowered, and equipped with practical tools to approach life with greater peace, purpose, and stability.

As guests departed, they had the opportunity to browse and purchase spiritual literature, allowing them to continue their journey of learning and self-reflection beyond the event.

The recent series of four public programmes and a half-day Brahmin retreat in Durban was a shining example of what can be accomplished when hearts unite in service. The KZN Brahmin souls brought to the table a rich array of virtues, creating an atmosphere of harmony, cooperation, and spiritual enthusiasm throughout the planning and execution of these special events.

Behind every successful programme was the collective commitment, dedication, and tireless effort of many souls. Yet, above all, what stood out most was the sweet fragrance of love for Baba that permeated every task, every interaction, and every moment of preparation. This love transformed ordinary into extraordinary service.

Pietermaritzburg Public Programme

State of the World, State of Our Hearts

Date: 13 May 2026

Venue: Ascot Conference Centre, Pietermaritzburg

The Brahma Kumaris World Spiritual University hosted a highly successful public programme attended by approximately 220 participants from diverse sectors of the community.

Guests arrived from 5:00 pm and were welcomed with refreshments, creating a relaxed and reflective atmosphere before the programme commenced.

Virtue Lounge

A beautifully presented Virtue Lounge provided attendees with an opportunity for self-reflection and personal discovery.

The Virtue Scope experience encouraged participants to identify and appreciate their positive qualities and inner strengths. Guided by two Brahma Kumaris sisters, many guests described the experience as insightful, meaningful, and uplifting.

Opening Programme

The evening officially commenced with a moving performance of Heal the World by Brother Daniel.

Nompilo welcomed guests and introduced the theme, inviting participants to reflect on the relationship between the condition of the world and the condition of the human heart.

Following a second musical performance, a multimedia presentation highlighted the global service activities and educational initiatives of the Brahma Kumaris World Spiritual University.



Spiritual Awareness Gallery

A Spiritual Awareness Gallery introduced guests to key concepts from the Brahma Kumaris Seven-Day Introductory Course.

Topics included:

- Soul consciousness
- Inner peace
- Positive thinking
- Karma
- Spiritual values

Brother Avick guided visitors through the exhibition, answering questions and providing practical examples of how spiritual wisdom can be applied in daily life.

Main Presentation

Brother Charlie's presentation on State of the World, State of Our Hearts was the highlight of the evening.

Drawing on decades of spiritual experience, he explored the growing challenges facing humanity and the importance of cultivating inner stability, peace, wisdom, and resilience.

Through stories, humour, and spiritual insight, he encouraged participants to focus on the area where they have the greatest influence—the state of their own hearts.

His message highlighted the importance of:

- Compassion
- Kindness
- Respect
- Resilience
- Spiritual awareness

These qualities, he explained, are essential for creating a more peaceful and sustainable future.

Question and Answer Session

The interactive question-and-answer session generated enthusiastic participation from the audience.

Questions focused on maintaining peace of mind, navigating personal challenges, and contributing positively to society amidst increasing uncertainty.



Closing Reflections

Usha Jevan, National Coordinator of the Brahma Kumaris World Spiritual University, shared reflections on the practical value of spiritual principles and introduced the Blessing Box Initiative.

Sister Rose delivered a heartfelt vote of thanks, acknowledging Brother Charlie, Usha Jevan, volunteers, organisers, performers, and attendees.

The programme concluded with Brother Daniel's performance of We Are the World, followed by the distribution of blessings and toli by Brother Charlie and Usha Jevan.

The evening ended on a powerful note of unity, hope, and shared humanity.



Outcomes

The programme received overwhelmingly positive feedback, with many participants expressing gratitude for the opportunity to pause, reflect, and reconnect with deeper spiritual values.

The success of the Virtue Lounge, Spiritual Awareness Gallery, music performances, and Brother Charlie's presentation created a holistic and impactful experience for all who attended.

The event served as a reminder that transforming the state of our hearts contributes directly to transforming the state of the world.



Johannesburg Farewell Programme

30 May 2026

On his return journey to Australia on 30 May 2026, Brother Charlie spent several hours in Johannesburg before his departure.

This provided an opportunity to host a final morning programme titled: Finding Steady Ground

The session explored how spiritual principles can help individuals navigate poverty, uncertainty, social instability, rising anxiety, and increasing levels of anger within society.

The highly interactive format encouraged meaningful dialogue and reflection on how spirituality can be translated into practical responses to modern-day challenges.

Participants deeply appreciated this final opportunity to spend time with Brother Charlie and expressed gratitude for the wisdom, encouragement, and inspiration he shared throughout his South African visit.

As the visit concluded, the Southern Africa family offered heartfelt thanks to BapDada, Vedanti Ben, and Brother Charlie for the many blessings received during this memorable and transformative journey.



Johannesburg Public Programme Images:

<https://redchillimotion.pixieset.com/stateoftheworldstateoffourhearts/>

Johannesburg Public Programme Video:

<https://www.youtube.com/live/VAQCpE89nCQ?si=4-5rm8nu0ImkMiGo>

Southern Africa BK Retreat Videos:

[https://youtube.com/playlist?](https://youtube.com/playlist?list=PLYkzqHRudWypTG7WEBSOZSJICjE0UE2iJ&si=YuyHrJauBzrw_Slw)

[list=PLYkzqHRudWypTG7WEBSOZSJICjE0UE2iJ&si=YuyHrJauBzrw_Slw](https://youtube.com/playlist?list=PLYkzqHRudWypTG7WEBSOZSJICjE0UE2iJ&si=YuyHrJauBzrw_Slw)