

Bhog Sandesh | Aug 6, 2026 via Mohini Didi

Om shanti.

Taking everyone's love remembrances, I reached to Baba in the Subtle Region.

Baba was so merged in the love of the children, and the children were so merged in Baba's love. It was beautiful to see how Baba was so absorbed in the children's love. Then we exchanged *drishti*, and after some time, Baba asked: **Are all of you children content?** On behalf of everyone, I said: Yes Baba, we are content.

And then Baba said: **Contentment is the sign of completion...perfection.** The more content you are, the more you are closer to completion and perfection. The children who experience receiving attainments from Baba at this time feel that Baba is the Bestower, creating their fortune. They feel so full with all received from Baba. The more they experience attainments, the more content they are...and the more content they are, the more they can receive from Baba to feel so full. But some children feel they want more...they are not content. For such children what can Baba do? Baba wants to give.

It was very subtle what Baba was sharing: Everyday, we should give such thanks for what we receive from Baba. And then, **in that contented state, you can receive more from Baba.** And Baba will give blessings.

Then Baba said: The atmosphere outside is filled with anger, stress, and different situations... and Baba shared that what is happening outside will increase. But you children have to protect yourself from the vibrations of the outside atmosphere. To do so, keep you intellect busy in churning the knowledge. And through your mind, just remember Baba. Remain busy in this so that the outside influences cannot touch you.

There is also the influence of *sanskars*. So transform the old *sanskars* on the basis of *shrimat* ... creating new ones...the original, divine ones. Baba will keep giving in an incognito way to those children who do this.

After some time, Baba said: Do not stay stuck in any *sanskar* or thought which brings stress or discontentment. Have the power to accommodate—to adjust. **Be cooperative. Do not take any supports, and do not be dependent on anyone.**

Some children are dependent on some facility or other souls or the atmosphere. No. No dependency. Accommodate. Give cooperation. If any scene or situation comes in the drama, watch it as a detached observer and keep moving forward. **Stay in the ascending stage.** Stay stable. Do not shake.

To such children who always stay in the ascending stage, Baba was giving so many blessings.

I thanked Baba. I could feel Baba had so much love for everyone.

And then I returned.

Om Shanti.