

BK USA Environmental Newsletter



Celebrate Earth Day,
April 2026
Our Power, Our Planet



Earth Day 2026, officially on April 23, is being observed this year in many countries on Saturday, April 18. This is a global moment that calls us to deepen our collective commitment to environmental protection, climate action, and sustainable living. It is a reminder of our spiritual responsibility to help restore balance to nature through elevated awareness and conscious, compassionate actions. This year's theme, "Our Power, Our Planet," reminds us of the impact of both renewable energy and our inner spiritual power. Both forms of power are foundational to the ethos of the Brahma Kumaris, and Earth Day offers a beautiful opportunity to share this with our communities. Resources were sent earlier to all Centers and Class Places.



We hope you enjoy doing Earth Day programs, in the center, on Zoom, at Earth Day Festivals, nature walks, with environmental organizations in your community, at river or beach clean-ups or tree plantings. Please let us know at environment@us.brahmakumaris.org !



THE THIRD OF TEN SIMPLE WAYS TO CHANGE THE WORLD — OPEN THE HEART

Practicing compassion and forgiveness enables me to heal the heart of the world. When I connect with the environment in all its many forms, my heart opens like a flower and I feel at one with everything. Love for Nature and humanity is the foundation of all actions.

THE VISION OF BABA'S ENVIRONMENTAL TEAMS IS FOR EVERY CENTER TO BE A GREEN CENTER AND FOR EVERY BK TO BE A GREEN ANGEL



As BKs, let us continue to do mansa seva for our precious planet, sending Nature peace, love and purity. As part of our eternal respect for the Earth, Our first ask in Newsletter #1 was to never buy or use plastic bottles of water. Our second ask, was to reduce the use of single-use plastics. Our third ask today is to reduce the use of fossil fuels and to consciously continue to reduce the use of single-use plastics. Each use of fossil fuels and plastics contributes to global warming.

DECREASE THE USE OF FOSSIL FUEL ENERGY

- Use LED lightbulbs as they use less electricity.
- Turn off lights when leaving the room for more than 20 minutes.
- When it's cold, put on a sweater and socks before turning on the heat.
- When it's hot, don't set the temperature very low on the AC unit.
- If possible, use sustainable energy sources such as solar power.
- Walk or bicycle when practical.
- Carpool when feasible.
- Consider doing a few errands at once to reduce gasoline use.
- Consider an eco-friendly or zero emissions vehicle.
- When ordering something online, choose the eco-friendly shipping choice when not time-sensitive.



EFFORTLESS WAYS TO REDUCE PLASTIC USE

- The new climate-positive cellulose sponges with a coconut fiber scourer are plant-based, biodegradable and compostable. They don't build up odor quickly, and clean wonderfully well.
- The new compostable trash bags made from plant starches are much more durable than those made years ago.
- And of course, never accept a plastic bag when checking out at a store. Always bring your own bag, or carry the items out, without the plastic bag!



Would you like to join our USA Green Angels WhatsApp Group?

All BKs are welcome. To join, please send your name, email and WhatsApp number to environment@us.brahmakumaris.org.