

## Sister Jayanti's visit to South Africa: 29th May - 3<sup>rd</sup> June



Jayanti Didi arrived on the 29th May, in the morning at 5:00 am from Lagos. It was a lovely sunny morning with the family waiting for her to offer Satguruwar bhog and say hello to the family.

Jayanti Didi shared with the class how pleased she was to be with the family on Satguruwar. The strength of the family is always based on how we keep to the systems that Baba and the Dadis inspired us. In these systems is our protection especially as we see the state of the world.

After morning class Jayanti Didi had meeting with the core group from Lenasia as well as some of the partners and their families who are involved in the Infinite Lifestyle Project in Shantivan.



In the evening Jayanti Didi met Shakes Dlutu a group facilitator and motivational speaker trained in Mind Power. Shakes facilitated a conversation with Jayanti Didi at the public program that evening, entitled Its about time .... To Learn Spiritual Tools to stay calm in crises.







The evening began with a spectacular dance series by the Tribanghi Dance Theatre which was a fusion of classical Indian dance with African dancing. It set the tone for a very engaged audience. Jayanti Didi highlighted the trajectory of transformation, that whatever is in my awareness, that will determine my attitude, vision (perception) leading to my behaviour ( culture we create) and my world. As we have created the world we live in so we have to begin by going inside and shift our awareness to the original identity of the being. Th original identity of the self is goodness. Her initial input ended with a powerful meditation.

Shakes thereafter engaged with Jayanti Didi on how to create an understanding amongst leaders to value the depth and importance of inner work and personal development. Jayanti Didi highlighted the importance inspiring wellbeing on both the physical and emotional and spiritual level. The conversation then focused on the personal practice needed to quieten the mind and feel internally entered. After the conversation Jayanti Didi led another meditation which left the audience immersed in peace.

The next day we left early morning for Durban where the Southern African family gathered for a national retreat.







The National Retreat in May 2025 at Selbourne Golf Estate with Sister Jayanti was an extraordinary spiritual gathering themed "Accepting My Complete and Perfect Stage: Becoming Incorporeal, Egoless and Viceless." Set amidst serene natural beauty, the three-day retreat offered a perfect blend of deep spiritual reflection, soul-stirring classes, creative expressions, and warm family interactions. From the welcoming finger snacks by the poolside and joyful beach outings to skits on ego and meditations on the incorporeal stage, every moment was woven with purpose and love. Sister Jayanti's powerful sessions—on the Confluence Age, unveiling ego, and deepening incorporeal practice—brought depth and clarity to each soul's inner journey. Her gentle presence, angelic voice, and profound wisdom created a sacred space that uplifted everyone present.

Participants described the retreat as "pressing the reset button" and "an experience out of this world." The energy of Baba's remembrance flowed through every class, meditation, and moment of silence, bringing a strong sense of His presence. Many expressed feeling like they were among angels, enveloped in divine vibrations of love and support. The retreat was filled with heartfelt moments—from the early morning Amrit Vela to the final celebration of accepting one's complete and perfect self. The lovingly prepared meals were praised as five-star, both in taste and vibration. Above all, the retreat left everyone deeply nourished, recharged, and full of gratitude. As one soul beautifully put it, "I came back feeling light, reconnected to Baba, and blessed beyond words."

After a long weekend of spiritual enlightenment we headed from our annual retreat to Durban Central's iconic ICC . Entering this space is always a tribute to the father of our nation that inaugurated this venue, our late Mr. Nelson Mandela. Walking into the largest column-free venue on the continent, the Brahmakumaris ushered us in with beaming smiles and welcoming eyes. The master of ceremonies was a young dynamic interfaith leader that bridged gaps and harmonized cultures .



The opening performance by a renowned group of dancers seamlessly took the famous Zulu Indlamu war dance and married it to the classical Tamil Nadu Bharatanatyam dance leaving the audience with a uniquely Durban flavored nostalgia.



We were introduced to the two speakers, local public business speaker Vusi Thembekwayo and our living legacy, sister Jayanti from the UK. Vusi bhai spoke passionately about the movie of our lives and the duality of making and editing of the "movie." He spoke about options vs. choices and the enemies of peace. He brought a dynamic energy to this platform that resonated in the hearts of all the attendees.

Sr Jayanti took her place on the stage and her loving energy filled the room. She took up the points raised by Mr. Thembekwayo with added clarity and brought Baba's timeless wisdom to this forum with dexterous precision. She spoke about the need for inner strength and contemplation . Of noise vs. sound , often basing her examples on succinct practical observations.

The two speakers were both dynamic and we were certainly blessed to have both international and local talent showcased on a subject rarely investigated on such a public forum. I left the programme with a deep sense of peace and positivity to our future . The book given at the programme by Jayanti Bhen on practical meditation was a tool given to further the practice by meditators both old and new. And the added booklet , clearly outlining what Brahmakumaris offered both in South Africa and Durban, is a lasting invite to step into the magical world of Meditation. No program of Baba's is ever complete without a sweet toli, evoking the Divine to both our minds and our tongues. This was a beautiful programme and my appreciation to the organizers, the guest speakers and the support team that executed their roles with such loving dedication.





Sister Jayanti, NCT and Vusi enjoying a vegan meal together enjoying casual conversation.



The 30th Anniversary of the Global Peace House in Durban was joyfully celebrated on Monday, 2 June 2025, bringing together long-time friends, new visitors, spiritual seekers, and devoted souls. This milestone marked three decades of deep spiritual service, inner transformation, and unwavering commitment to peace.

Guests were welcomed with a nourishing breakfast, lovingly served lovingly in the dining hall, setting the tone for a morning of connection, gratitude, and reflection.



The scene for an interactive and participative session was set with a meaningful question posed to the audience : "Why do you come to the Peace Global Peace House?"

In response, members of the audience were engaging and shared deeply personal and moving stories of what the Global Peace House has meant to them—describing it as a place where they feel safe, seen, spiritually held, and continuously drawn to peace and purpose. Some 15 – 20 stories were shared.

Sister Jaynti and Dr Navi Pillay had lunch and a private meeting.